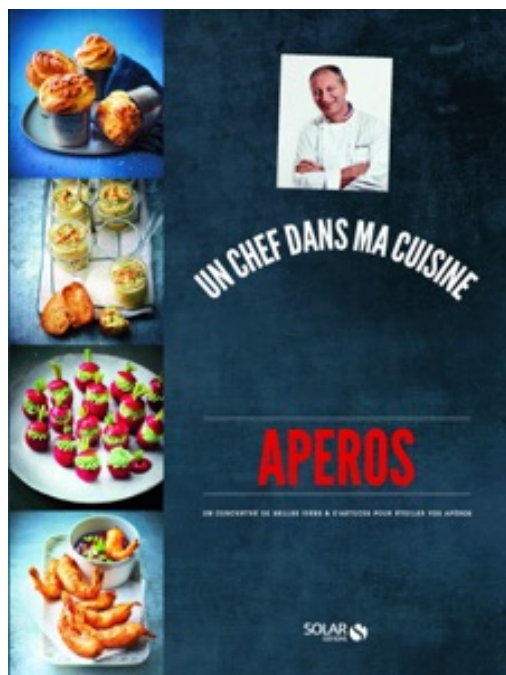


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- Pour chaque recette, **1 photo du plat réalisé** et **1 photo des ingrédients**.

- Pour chaque recette, **le conseil du chef** pour vous faciliter la vie en cuisine.

Les apéros d'Eric Frechon est un concentré de bonnes idées et de recettes adaptées à la vie quotidienne, faciles et originales. Alors n'hésitez plus, ressortez votre toque et tous aux fourneaux !

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