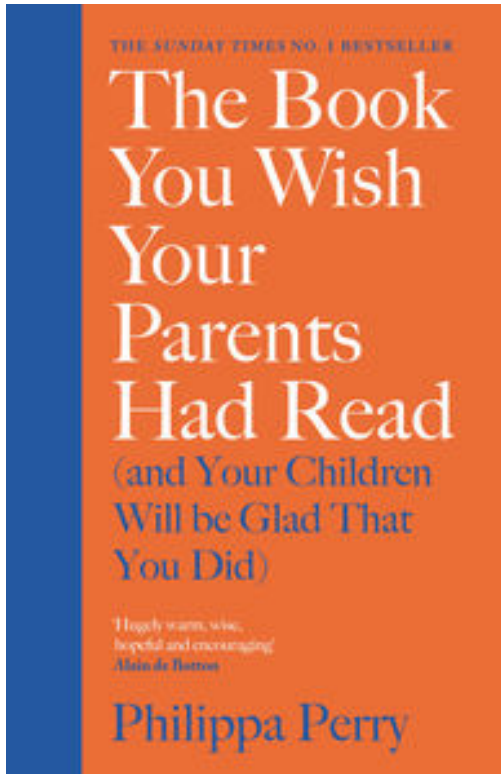


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# Read The Book You Wish Your Parents Had Read (and Your Children Will Be Glad That You Did) Le Livre En Ligne PDF EPUB Mobi- Philippa Perry



**Read The Book You Wish Your Parents Had Read (and Your Children Will Be Glad That You Did) Philippa Perry le livre en ligne PDF EPUB mobi**, 'Hugely warm, wise, hopeful and encouraging' Alain de Botton

**Every parent wants their child to be happy and every parent wants to avoid screwing them up. But how do you achieve that?**

In this absorbing, clever and funny book, renowned psychotherapist Philippa Perry tells us what really matters and what behaviour it is important to avoid - the vital dos and don'ts of parenting.

Instead of mapping out the 'perfect' plan, Perry offers a big-picture look at the elements that lead to good parent-child relationships. This refreshing, judgement-free book will help you to:

- Understand how your own upbringing may affect your parenting
- Accept that you will make mistakes and learn what you can do about them
- Break negative cycles and patterns
- Handle your own and your child's feelings
- Understand what different behaviours communicate

Full of sage and sane advice, this is the book that every parent will want to read and every child will wish their parents had.

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