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Docteur Éric Garbarz



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Read Cuisine Anti-cholestérol : Diabète, hypertension, surpoids Eric Garbarz le livre en ligne PDF EPUB mobi, Dans cet ouvrage, Eric Garbarz, cardiologue, vous livre des conseils pratiques et concrets pour prévenir les maladies cardio-vasculaires par une meilleure alimentation. Vous y trouverez également 222 recettes délicieuses et saines pour réconcilier bien-être et plaisir.

Eric Garbarz dirige le service de cardiologie de l'Hôpital Beaujon (Assistance Publique Hôpitaux de Paris). Ancien chef de clinique des hôpitaux, il est titulaire d'un DEA de physiologie cardiaque. Il collabore régulièrement à l'institut du cœur de Maputo (Mozambique) dans le cadre de "la chaîne de l'espoir".

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