

Read L'art Du Pouvoir Véritable Le Livre En Ligne PDF EPUB Mobi- Thích Nhất Hạnh



Read L'art du pouvoir véritable Thích Nhất Hạnh le livre en ligne PDF EPUB mobi, Bien que nous n'en soyons pas toujours conscients, nous désirons presque tous avoir du pouvoir, pensant que cela nous permettrait de maîtriser notre vie, d'obtenir bonheur et liberté. Aux yeux de notre société moderne, pouvoir est synonyme de santé, réussite professionnelle, gloire, prospérité, puissance militaire et grandeur politique. Dans cet ouvrage, l'auteur nous propose une autre définition du pouvoir. Selon lui, toute personne capable d'être heureuse dans l'Instant Présent, sans succomber aux dépendances, à la peur, au désespoir, à la discrimination, à la colère et à l'ignorance, possède le pouvoir véritable. Ce pouvoir-là est vrai, il n'est pas fondé sur l'avoir mais sur l'être.

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