

Read Les Dessous Du Plaisir Le Livre En Ligne PDF EPUB Mobi- Alexia Bacouël



Read Les dessous du plaisir Alexia Bacouël le livre en ligne PDF EPUB mobi, On croit tout savoir sur la sexualité féminine. Les magazines affirment que l'époque est au plaisir débridé et libre pour tous... la réalité est très différente ! L'auteur, sexologue et thérapeute, s'est rendue compte que de nombreuses femmes ne vivent pas une sexualité épanouie.

Pour aider à mieux comprendre et améliorer les relations de couple, mais pas que, elle répond à toutes les questions sans interdit ni tabou. Non, le clitoris n'est pas un bouton sur lequel il suffirait d'appuyer pour avoir un orgasme. Le point G et les zones érogènes, c'est quoi ? Comment retrouver le plaisir quand on l'a perdu ? Peut-on pratiquer sans honte le sexe anal, les plaisirs solitaires ou en groupe ?

Grâce à des témoignages et aux dernières découvertes scientifiques, ce livre offre des conseils précieux pour profiter d'une sexualité heureuse. Le plaisir est une science qui s'apprend parfaitement... et à tous les âges !

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