

Read Les Enfants Hypersensibles Le Livre En Ligne PDF EPUB Mobi- Emmanuelle Rigon



Read Les Enfants hypersensibles Emmanuelle Rigon le livre en ligne PDF EPUB mobi, Elle a tout le temps les larmes aux yeux, il se vexe pour un rien, a souvent mal au ventre ou ne veut plus aller à l'école, la vie est pour elle un drame permanent...

Colère, tristesse, joie prennent chez votre enfant des proportions démesurées et l'affectif tient une place énorme dans sa vie ? Il ou elle est sans doute hypersensible... Un petit être à fleur de peau, fragile et déconcertant pour ses parents tour à tour inquiets ou exaspérés !

Emmanuelle Rigon, psychologue clinicienne et psychothérapeute, auteure notamment de *Papa, maman, j'y arriverai jamais*, montre qu'il existe cinq formes d'hypersensibilité très variables dans leur expression. En s'appuyant sur de nombreux exemples, elle aide les parents à comprendre leur enfant et à le soutenir afin qu'il tire profit de ce qui est souvent aussi le signe d'une grande intelligence émotionnelle. Car, source de créativité et de capacités

relationnelles précieuses, une hypersensibilité apprivoisée peut devenir un véritable atout dans la vie !

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