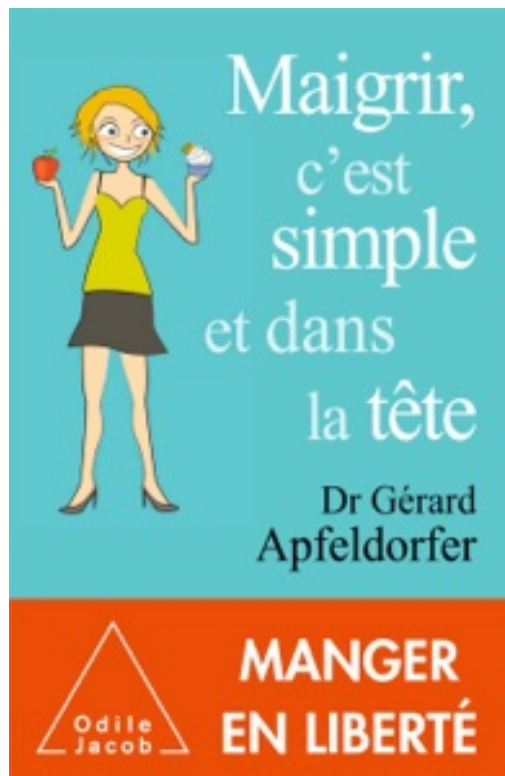


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Médecin, psychiatre et psychothérapeute, Gérard Apfeldorfer est président du Groupe de réflexion sur l'obésité et le surpoids (gros.org), membre de l'Association française de thérapie comportementale et cognitive (aftcc.org). Il est notamment l'auteur de *Maigrir, c'est fou !*, des *Relations durables* et de *Mangez en paix !*, aux éditions Odile Jacob.

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