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Caroline Gayet est diététicienne phytothérapeute en exercice libéral ainsi qu'à l'herboristerie du Palais Royal. Elle est l'auteure du *Guide de poche de Phytothérapie* et de *Ma Bible des secrets d'herboriste*, vendue à plus de 6 000 exemplaires.

Michel Pierre débute sa carrière comme préparateur en pharmacie, il fabrique des préparations magistrales très fréquemment utilisées à l'époque (sirop, pilules, crèmes, suppositoires, ovules, etc.). En 1970, il achète une des plus anciennes herboristeries de Paris. Il est également l'auteur des *Plantes du bien-être* (éditions du Chêne).

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