

Read Prendre La Parole En Public Le Livre En Ligne PDF EPUB Mobi- Dominique Boll & Bernard BLEIN



Read Prendre la parole en public Dominique Boll & Bernard BLEIN le livre en ligne PDF EPUB mobi, Dans un style précis, factuel et facile d'accès, cet ouvrage illustré de dessins humoristiques **donne tous les conseils pratiques** pour surmonter le trac avant de perdre la parole. Il est rédigé par doubles-pages thématiques réparties en neuf chapitres :

Combattez vos doutes et mettez-vous en situation
Toujours préparer votre intervention
Pensez à votre public : quelle est son attente ?
Cas particuliers : l'oral d'examen et l'entretien d'embauche
Les réunions (familiales et professionnelles)
Utilisez les outils pour bien communiquer
Pensez aussi et surtout à vous !
Osez monter sur scène
Le trac : le comprendre, le maîtriser

Avec, au fil des doubles- pages, des encadrés qui exposent des

cas concrets, les conseils de l'auteur dans tel ou tel type de situation, des anecdotes illustrant les comportements à adopter ou les erreurs à ne pas commettre, et aussi les règles d'or, idées fondamentales à ne pas oublier.

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