

Read Sauvez Votre Peau ! : Devenez Narcissique Le Livre En Ligne PDF EPUB Mobi- Fabrice Midal



Read Sauvez votre peau ! : Devenez narcissique Fabrice Midal le livre en ligne PDF EPUB mobi, Vous avez l'impression de vous sacrifiez pour les autres.

Vous avez le sentiment de vous exploiter, de vous maltraiter. Vous n'osez pas vous dire non.

Dans ce livre, je propose une toute nouvelle interprétation de Narcisse, qui n'est nullement cet homme coupable de ne penser qu'à lui, mais l'être qui apprend à se rencontrer, à se respecter, à se faire confiance.

Contrairement à une illusion tenace, c'est en étant narcissique, en étant en paix avec soi, que nous pouvons développer un rapport altruiste aux autres, sans chercher ni à les écraser, ni à leur demander l'impossible.

Vous aussi sauvez votre peau ! Devenez narcissique.

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