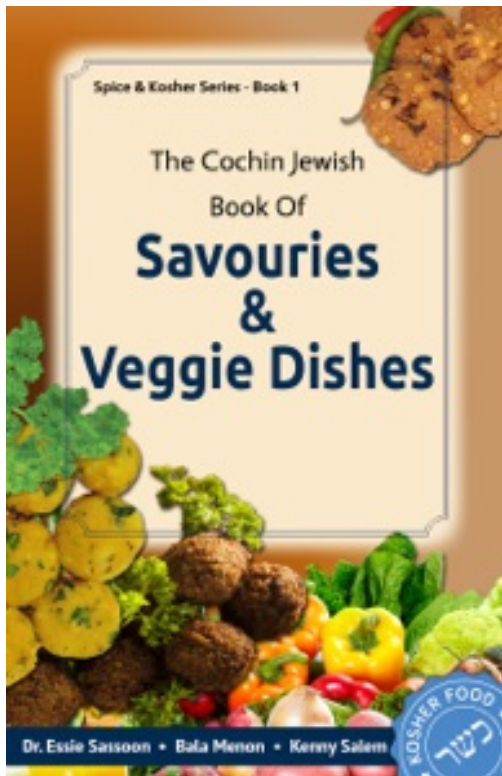


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Read The Cochin Jewish Book Of Savouries And Veggie Dishes Dr Essie Sassoon, Bala Menon & Kenny Salem le livre en ligne PDF EPUB mobi, The Cochinim (as the Jews from Cochin are called in Israel), love their food. Living for around 2000 years on the lush, monsoon-swept Malabar coast in the southwestern corner of India, this close-knit, orthodox community stayed true to the dietary rules of the Bible, adapting the abundant and exotic local produce to develop some wonderful dishes. Spices, especially the 3 Cs - cardamom, cinnamon and cumin - along with coconut, coriander and pepper dominate their cooking. The Cochin Jewish Book Of Savouries combines the culinary wisdom of over 30 members from the Cochini community, living in India, Israel, United States, the United Kingdom, Australia and Canada. This E-book is the first of a series of 5 cookbooks in the Spice & Kosher series related to Cochini cuisine. Kerala's Jews or Cochinim make up one of the tiniest and most ancient of all Jewish communities in the Diaspora. Today, there are flourishing Cochini moshavim (settlements in Israel) - Nevatim and Shahar in the south, Aviezer, Mesilat Zion and

Taoz near Jerusalem and Kfar Yuval in the far north. Cochinis also live in Binyamina, Petah Tikva, Rishon Le Zion, Ashdod, Jerusalem and Haifa.

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